

This training is provided free by:  
The City of Eastvale, Jurupa  
Community Services District and  
Riverside Co. Emergency  
Management Dept. - OES



# Community Emergency Response Team



## Building resilient communities

CERT is about readiness, people helping people, rescuer safety, and doing the greatest good for the greatest number. CERT is a positive and realistic approach to emergency and disaster situations where citizens will be initially on their own and their actions can make a difference. Through training, citizens can manage utilities and put out small fires; treat the three killers by opening airways, controlling bleeding, and treating for shock; provide basic medical aid; search for and rescue victims safely; and organize themselves and spontaneous volunteers to be effective.

CERT training is a commitment of **20 hours of training**. There is no cost for the training. Only those who successfully complete the practical exercise with hands-on instruction in fire suppression, search and rescue, cribbing and medical will receive a certificate of completion.

### WHERE:

Jurupa Community Services  
District  
Board Room  
11201 Harrel Street  
Jurupa Valley, CA 91752

### DATE:

September 16-18, 2016

### TIME:

Fri. — 5:30 pm to 9:30 pm  
Sat. — 8:00 am to 5:00 pm  
Sun. — 8:00 am to 5:00 pm  
(1hr break for lunch)

### HOW TO REGISTER:

<http://tinyurl.com/EastvaleCERT2016-Sept>

**SPACE IS LIMITED**

Call for more information:

Riverside Co. Emergency  
Management Dept.  
951-955-4700

Point of Contact: Kathleen Henderson



Cribbing



Fire suppression safety

**WHEN:** September 16-18, 2016  
(Three days Fri., Sat. & Sun.)

**CERT 2016**